

# Community cookbook supports local mission

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## NORTH POINT DOUGLAS

A new community-created cookbook brings together beloved recipes from Manitobans, in support of The Welcome Home, a mission based in North Point Douglas that feeds under-resourced families.

The *Pandemic Survival Faithful Favorites Comfort Food Recipes* book includes more than 280 ideas for appetizers, side and main dishes, and desserts. The fundraiser was organized by the Knights of Columbus, Canon Luhovy Assembly #037.

"The proceeds from this project will help us, The Welcome Home, continue to be the hands that serve the needs of our (neighbours)," said Rev. Fr. Larry Kondra in a news release.

Like other organizations, The Welcome Home has struggled to collect donations, owing to the COVID-19 pandemic. The Knights of Columbus saw this and decided to take action, said a project co-ordinator, Robert Erstelle.

"We have so many hands that are sitting idle," Erstelle told *The Times*. "We're supposed to be helping each other.

"So that's what we're doing. We're trying to keep your stomach full and your heart even."

The cookbook features recipes from community members such as Indigenous, political and business leaders, teachers, professional sports alumni, and more.

The project was funded by city councillors Devi Sharma (Old Kildonan), Ross Eadie (Mynarski), and Vivian Santos (Point Douglas).

"Spending time cooking and baking this last year has been a coping mechanism for many as we endure the stress of the pandemic. In my home it has been no different — my husband will tell you baking loaf after loaf of banana bread was on repeat," Sharma said in a news release.

While Sharma contributed her banana bread recipe, Santos took the opportunity to share her Filipino heritage in a chicken adobo recipe. "Food is a universal language that brings us together," she said.

The mission has provided much-needed support to immigrants and other community members for nearly three decades, Eadie said.

"From supporting their efforts to keep people safe in the (neighbourhood) and improving the Home itself, it has been my privilege to help them serve us in this part of the city."

Project co-ordinators hope to sell all 750 copies of the book. One book costs \$15. They can be found at Galarnyk Insurance Agency (696 McGregor St.), Petals Flowers and Gifts (640 Leila Ave.), The Welcome Home (188 Euclid Ave.)



Supplied photo

Project co-ordinators launched the *Pandemic Survival Faithful Favorites Comfort Food Recipes* cookbook to raise money for The Welcome Home.

and Neumann's Market (2659 Henderson Hwy.).